

Spectrum Adventures



Camp booking updates.

www.spectrumadventures.com.au

We have paused our camp bookings.

Thank you for your interest in Spectrum Adventures camps. We are a neurodivergent-led organisation that specialises in delivering outstanding social opportunities and community connections to our Autistic children and their families in South-East Queensland.

Spectrum Adventures camps help autistic people develop stronger relationships by providing opportunities for new experiences in a safe and nurturing environment. Our program of supports includes a range of team work / problem solving activities that encourages personal growth and strengthens family relationships.

We are driven by the need to deliver neuro-affirming supports that unite our community and to bring our village together, while offering opportunities to learn, immerse and challenge our camp families together.

We have offered safe and supported experiences to connect, learn and play together - we do not offer or support a segregated level of care, but the voice of neurodivergent supports alongside parents and children together, with experience to help form connection and memories, and try something new together.

We know that strong evidence exists that autistic children struggle to make connections, genuine friendships and our camp offers opportunities to immerse in autistic-led interests, and see children and families flourish.

We delivered resources and access to allied health sessions throughout our events, to lift capability and understanding.

Our camp bookings are now paused while we seek to understand how our supports can be funded via options such as the NDIS, Carers Gateway or the upcoming Foundational Supports yet to be developed.



*It has been our greatest pride to see so many
Autistic young people flourish under our care.*

What does SpectrumAdventures Camp deliver?

We bring autistic young people together for social and community connection, we are passionate about including families (who attend at their own cost), providing further opportunity to connect to their own community, attending workshops, accessing resources and workshops, and observing their child thriving in a sensory-safe, low-demand space.

- We support everyone in the family to understand more about autism and autistic needs.
- We are a 95% neurodivergent team, delivering peer support through lived experience as AuDhd adults, parents, carers, and individuals. We are a diverse team with representation of our LGBTQIA+ community among us.
- Custom Sensory space delivered at each location and accessible all weekend with resources for gross and fine movement, providing activities to a range of autistic interests and encouraging connections over shared interests.
- Camp welcome book comprised of the visual camp program tailored for each family in attendance. The welcome book is filled with articles from our autistic community of advocates, allied health, and content writers with over 250 pages of resources for parents to refer to long after camp is delivered.
- Online Facebook community of parents attending camp facilitating communication and connection after attending camp.
- Peer-led sessions such as a teen talks holding space for our teens to hear from our LGBTQIA+ team and share their questions and be supported.
- Tables filled with resources to touch and buy such as books and tools curated around autistic life including strategies to implement around communication, advocacy, interoception, consent, and more.

Autistic young people are supported to find connection through shared interests, in a safe sensory designed space, attending organised team activities to stretch their muscles and enjoy new experiences.

Our goal is that everyone feels supported, and safe, and the masks we wear every day get to lessen, and our community becomes stronger and richer in understanding autistic supports in a neuroaffirming approach.



Social Inclusion

- Neurodivergent team of support staff – positive role models
- Make new social connections

Feeling accepted & build positive neurodivergent identity

- Cultural and gender diversity celebrated
- Reduced masking

Learn new skills

- Understand more about sensory needs & regulation tools
- access resources & learning about Autistic needs
- Workshops for young people & parents
- Increased capacity for self-management

Spectrum Adventures Camp Outcomes

Increased confidence & resilience

- try new experience with peers
- more confident with other new experiences, like attending school camps
- improved mental health

Sense of community

- Safe space in recreation room catered to neurodivergent needs
- Individual choice over level of participation

Build capacity with social communication

- All communication styles are valued
- Opportunity to become more independent with self-advocacy and communicating needs